

### Supplementary file 1. Search strategy

<b>PubMed</b>	
("aromatherapy"[MeSH Terms] OR "aromatherapy"[MeSH Terms] OR "oils, volatile"[MeSH Terms] OR "essential oil*"[Title/Abstract] OR "aromatherap*"[Title/Abstract]) AND ("menopause"[MeSH Terms] OR "menopaus*"[Title/Abstract]) Translations aromatherapies[MeSH Terms]: "aromatherapy"[MeSH Terms] aromatherapy[MeSH Terms]: "aromatherapy"[MeSH Terms] essential oils[MeSH Terms]: "oils, volatile"[MeSH Terms] menopause[MeSH Terms]: "menopause"[MeSH Terms]	52 results
<b>Web of Science</b>	
#Web of Science Search Strategy (v0.1) #Database: Web of Science Core Collection #Entitlements: -WOS.SCI: 1945 to 2024 -WOS.AHCI: 1975 to 2024 -WOS.ESCI: 2019 to 2024 -WOS.SSCI: 1956 to 2024 #Searches: 1: (TS=(aromatherap*)) OR TS=("essential oil") Date Run: Sat Jan 20 2024 11:52:40 GMT+0330 (Iran Standard Time) Results: 57122 2: TS=(menopaus*) Date Run: Sat Jan 20 2024 11:53:12 GMT+0330 (Iran Standard Time) Results: 63207 3: #1 AND #2 Date Run: Sat Jan 20 2024 11:53:51 GMT+0330 (Iran Standard Time) Results: 64	64 results
<b>Scopus</b>	
TITLE-ABS-KEY (aromatherap*) OR TITLE-ABS-KEY ("essential oil") AND TITLE-ABS-KEY (menopaus*)	129 results
<b>Cochrane library</b>	
Search Name: Date Run: 20/01/2024 11:17:06 Comment: ID Search Hits #1 MeSH descriptor: [Aromatherapy] explode all trees 405 #2 aromatherap* 1616 #3 MeSH descriptor: [Oils, Volatile] explode all trees 564 #4 #1 AND #2 AND #3 179 #5 MeSH descriptor: [Menopause] explode all trees 9657 #6 menopaus* 16333 #7 #5 AND #6 4412 #8 #4 AND #7 5	5 results