

Appendix: PRISMA-P Search Strategy

This appendix outlines the comprehensive search strategy developed for the systematic review entitled: 'To What Extent Do Nurses in Sub-Saharan Africa Experience Moral Distress? A Systematic Review and Meta-analysis'. The strategy follows PRISMA-P guidelines and includes search terms, databases, and filters applied.

Database	Date of Search	Search Terms / Strategy		Filters Applied
PubMed	25 th March, 2025	("Moral distress" AND nurses AND Africa) OR ("ethical distress" AND nurses AND Africa) AND (prevalence OR frequency) AND (nurse OR healthcare worker OR caregiver) AND ("Sub-Saharan Africa" OR "Africa")	7	Humans only, English, January 1, 2005, to March 2025
		("nurse" OR "nurses") AND ("moral distress" OR "ethical dilemmas") AND ("sub sahara" OR "sub-saharan" OR "Africa") AND ("healthcare" OR "medical") AND ("support" OR "intervention")	10	
		("Prevalence of moral distress" AND nurses AND Africa) OR ("ethical distress" AND nurses AND Africa) AND (nurse OR healthcare worker OR caregiver) AND (prevalence OR occurrence OR frequency) AND ("Sub-Saharan Africa" OR "North Africa" OR "East Africa" OR "West Africa" OR "Southern Africa")	20	
AJOL (African Journals Online)	25 th March, 2025	("Moral distress" AND nurses AND Africa) OR ("ethical distress" AND nurses AND Africa AND prevalence)	250	Humans only, English, January 1, 2005, to March 2025
Google Scholar	26 th March, 2025	"moral distress" AND nurses AND	555	Humans only, English,

		"sub-Saharan Africa" AND prevalence		January 1, 2005, to March 2025
--	--	--	--	-----------------------------------